

*Address emotional instability
at all ages... with*

Equifem[®] Mood

- Improves general well-being and mood
- Eases mood-based symptoms (like nervousness and irritability)
- Addresses mood swings
- Can be used for menopause or PMS (premenstrual syndrome) symptoms
- Powerful and soothing ingredients
- Unique and fast acting
- May be taken continuously in prevention or only as needed
- Contributes to diminish the physiological discomforts of menopause (e.g. hot flushes and night sweats)
- Suitable for soy intolerant women

-Heel[®]

1-888-879-4335
www.heel.ca

*Reduce hot flushes and night sweats
safely and naturally... with*

Equifem[®] Balance

Postmenopausal women have long sought natural alternatives to HRT in order to avoid possible risks and side effects related to such therapy. More and more women are using phytoestrogens, such as the isoflavones found in soy, to tailor their menopausal therapy in a natural way.

Benefits of **Equifem-Balance**:

- Contains the ideal amount of soy isoflavones
- Beneficial effects supported by numerous scientific studies
- Decreases menopausal symptoms (such as hot flushes and night sweats)
- May reduce the risk of cardiovascular disease
- Contributes to protect from osteoporosis, by increasing bone mineral content and reducing bone density loss
- Reduces vaginal dryness (in combination with Equifem vaginal gel)

The growing body of literature on phytoestrogens, such as soy isoflavones, suggests that they may confer substantial health benefits that should no longer go unnoticed. In fact, isoflavones have now become, for many practitioners, part of a therapeutic approach aimed at addressing menopausal complaints.

-Heel[®]

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The power to fight cold and flu with **Gripp-Heel®**

- Common cold and flu
- Infections with fever

Gripp-Heel strengthens the immune system by stimulating phagocytic activity of human granulocyte preparations up to 30% more than placebo. This results in less severe symptoms and shorter recovery time.

Gripp-Heel is as good as acetylsalicylic acid. A study using 3 tablets of **Gripp-Heel** 3 times daily produced the same improvement after 4 days of treatment as 1 tablet (500 mg) of acetylsalicylic acid 3 times daily.

Gripp-Heel improves symptoms within 3 days. A drug monitoring trial demonstrated that 70% of patients treated with **Gripp-Heel** exhibited initial improvement of symptoms as early as 1 to 3 days after initiation of therapy.

Gripp-Heel has an excellent safety profile. The innocuousness of **Gripp-Heel** has been established by over 40 years of worldwide therapeutic use, clinical studies and drug monitoring trials. Over 1 million packages of **Gripp-Heel** have been sold in the last 5 years with no side effects reported during this period.



Ease through the cold and flu season with **Gripp-Heel**.

For more information, call Heel Canada at 1-888-879-4335 or visit our website at www.heel.ca


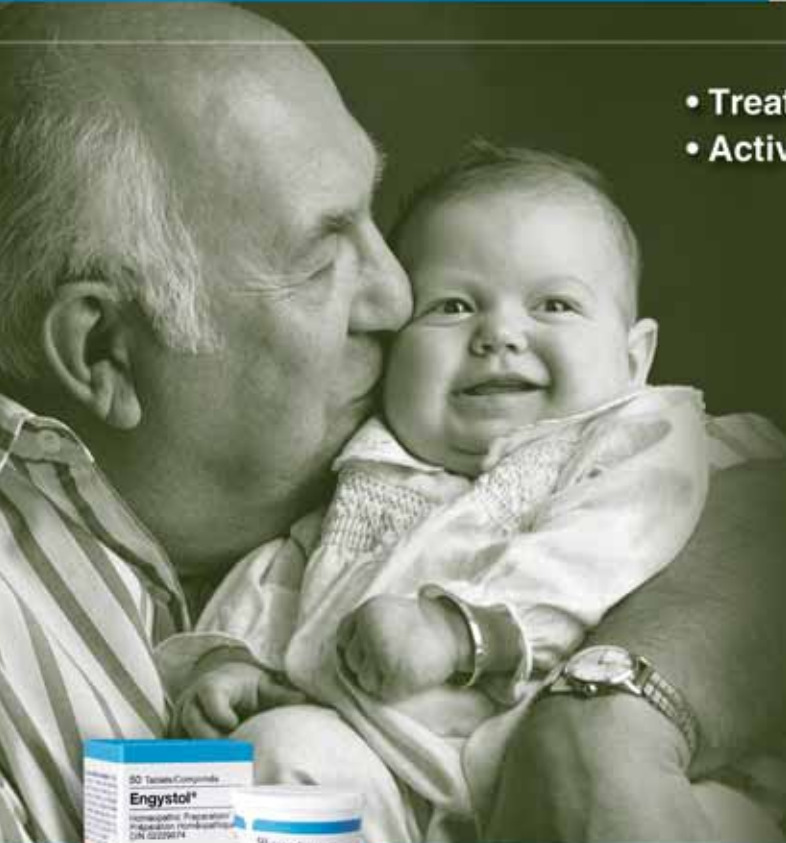
-Heel®

The power to activate the immune system with **Engystol®**

- Treat viral infections
- Activate the immune system

Susceptibility to infections depends upon the status of the immune system. The goal of treatment with a homeopathic combination preparation such as **Engystol** is to activate and support the defense mechanisms of the body.

Many European clinical studies have demonstrated **Engystol's** efficacy. *In vitro* tests have demonstrated that **Engystol** stimulates the phagocytic activity of human granulocytes up to 30% above control cultures. A randomized, placebo-controlled double-blind trial demonstrated that the administration of an immuno-modulator such as **Engystol** can enable favorable effects to be achieved in the prophylaxis of uncomplicated virus disorders of the upper respiratory passages. Moreover, **Engystol** has been effectively used in the treatment of mild infections.



*Activate your
immune system today...*

the immune system

Engystol is available in ampoule form as well as tablets. Both medicinal forms exhibit excellent tolerability and efficacy. It is recommended for the entire family (including children and infants) and is compatible with other medication.

-Heel®

For more information on ENGYSTOL, call Heel Canada at 1-888-879-4335 or visit our website at www.heel.ca

Help your body help itself!

TRACE MINERALS are at the basis of the body's biochemistry. By using trace minerals in the appropriate therapeutic doses, you will help restore the balance of your vital functions.

One of the most popular and effective combinations of trace elements is **Labcatal's COPPER-GOLD-SILVER Oligosol®**.

This combination has been clinically proven to:

- Σ• Help regulate the immune response
- Σ• Protect the body and help fight infections
- Σ• Relieve fatigue and asthenia
- Σ• Bring about a general sense of well-being

Trace minerals work as biocatalysts at the biochemical level to restore balance within the body and to improve its constitution. They should thus be used long-term (a few months), to optimize results. Moreover, trace minerals may be recommended in conjunction with other products, such as the Detox-Kit® and Equifem®-Mood, as they increase their efficacy.

Being used around the world for over 50 years, trace minerals such as the Oligosol® are well documented in regards to their safety and clinical efficiency. As well, they rarely trigger side effects and do not entail contraindications.

When choosing to take trace minerals, why not opt for those made by the world leader – **Labcatal®**



For more information on **COPPER-GOLD-SILVER** or any other **Oligosol®** product, call us toll-free at **1-888-879-4335** or visit our website at **www.heel.ca**

-Heel®