

Allergies

THE POWER

TO FIGHT OFF ALLERGIES...

- Clinically proven to effectively reduce nasal and ocular allergic symptoms
- Provides a choice of either a nasal spray or an oral dosage form
- Suitable for long-term treatment

Clinically proven

The conclusion of a German study by Weiser, Gegenheimer, and Klein, comparing Luffeel Nasal Spray with an allopathic nasal spray containing 20 mg/ml of cromolyn sodium, clearly shows that the homeopathic nasal spray, Luffeel is a valid therapy for cases of mild or moderate symptoms of seasonal allergic rhinitis. It safely and effectively reduces symptoms and is suitable for long-term treatment¹.

Suggested use

1-2 months before pollen exposure (prophylaxis/preventive protocol):

1 tablet of Luffeel 3 times daily

During pollen/allergy season (acute treatment):

1 tablet of Luffeel 3 times daily

+

1 spray of Luffeel (nasal spray) in each nostril 3 to 5 times daily

Complementary protocols with oligotherapy from Labcatal®

Preventive protocol with Oligosol®

Manganese: 1 dose daily (begin with one dose every two days for the first two weeks)

Phosphorus: 1 dose daily (5 minutes after Manganese)

Sulfur: 1 dose daily

Begin treatment at least one month before the risk period and continue until the end of that period.

Curative protocol with Oligosol®

Manganese-Copper: 1 dose daily

Sulfur: 1 dose daily

Use this protocol if:

- The prevention was forgotten
- The prevention was not done in time
- There is bacterial involvement

Allergies

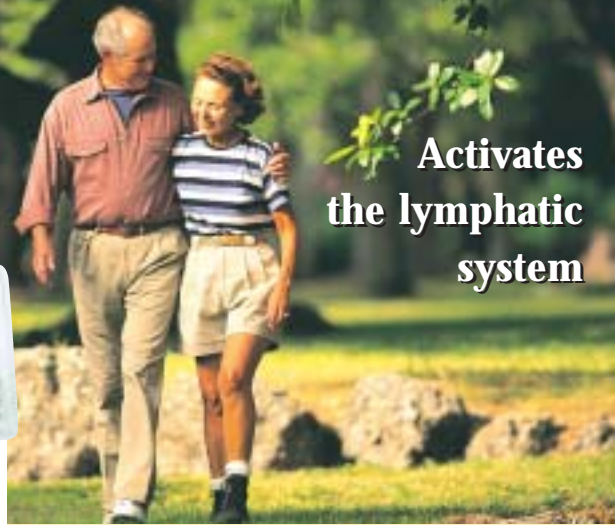


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Lyphosot®/Lymphomyosot®



Activates
the lymphatic
system

The efficacy of **Lyphosot/Lymphomyosot** for the treatment and prevention of lymphatic disorders has been demonstrated in several studies.

- **Lymphatic disorders**
(*lymphedema -i.e. for promoting post-mammectomy drainage*)
- **A compromised immune system**
(*i.e. for treating recurrent and acute infections and inflammatory disorders such as tonsillitis or lymphangitis*)
- **Tonsillar hypertrophy**
- **Lymphadenitis**
- **Systemic toxicities**
(*i.e. for treating chronic disease or chronic liver disorders*)
- **Detoxification and drainage**

Very well tolerated

In a study of 3,512 patients, including 1,124 (32%) children under 10 years of age, 99.8% assessed **Lymphomyosot** therapy as "very well tolerated" throughout the course of treatment.

3 different dosage forms

Drops: 15-20 drops 3 times daily

Tablets: 1-3 tablets 3 times daily

Ampoules: 1 ampoule 1 to 3 times per week

Minimized the risk associated with diabetic neuropathy...

- Improved tactile sensitivity
- Eliminated pain in 75% of patients

50 patients diagnosed with diabetic polyneuropathy were administered 15 drops of **Lymphomyosot** twice daily for 8 months. At the end of the treatment period, lymphedema and tactile sensitivity had profoundly improved¹. An add-on study demonstrated that the addition of **Lymphomyosot** to alpha-lipoic acid therapy for peripheral diabetic polyneuropathy resulted in a statistically significant and clinically relevant improvement in patient nerve sensitivity and palpable edemas compared with alpha-lipoic acid monotherapy².

¹ Dietz R. Possibilities of Lymph Therapy with Diabetic Polyneuropathy. Biologische Medizin 2000; Vol 29 No. 1; 4-9.

² Dietz R. Published in the German journal "Der Allgemeinarzt". An English reprint is currently in preparation.

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Serol™



♂♀ Weight Management

Serol is a unique product that will support a weight loss program which includes a healthy diet and regular physical exercise.

Mode of action

- ESSENTIAL OIL OF ORANGE ZEST:** its active ingredient, limonene, is an appetite suppressant. It is also a natural cholesterol-lowering ingredient. It suppresses the post-transcriptional activity of the enzyme 3-hydroxy-3-methylglutaryl coenzyme A (HMG-CoA) reductase which is responsible for the production of cholesterol. Thus, it reduces fat absorption by the tissues.
- HELIANTHUS TUBEROSUS (Jerusalem artichoke)** is an excellent source of fructans that are non-digestible carbohydrates. Inulin, the active principle found in fructans extracted from Jerusalem artichoke, regulates fat metabolism, especially triglycerides. This leads to a reduced susceptibility to store fat. The effect of *Helianthus tuberosus* on postprandial glycemia and insulinemia leads to a lower glycemic response and causes the body to absorb fewer calories in a regular-portioned meal.
- GUAR GUM**, a viscous fiber, binds with bile acids that surround fat molecules in order to carry them out of the body. This results in a decreased absorption of cholesterol and lipids as well as an increase in fat excretion. Moreover, as it passes through the stomach, guar gum slows down the rate of emptying and filling, therefore providing a feeling of fullness on less food and for longer periods of time. Another benefit of guar gum is that it lowers the glycemic index by slowing down the rate of glucose absorption.
- VITAMIN C** is used in this formula for its synergistic property with guar gum as well as its antioxidant action. It also acts as a natural preservative.
- ZINC** which is often deficient when on a severe weight loss regimen, can cause malnutrition and may lead to an increased preference in fat intake. Moreover, the possible relation between zinc status and leptin (a hormonal product that reflects the adipose tissue mass) in appetite regulation warrants the need to include zinc in Serol as a safeguard against this. As well, zinc may help regulate sugar cravings and energy intake.
- LYCOPENE** is a strong antioxidant that is likely to contribute significantly to the body's antioxidant defenses. The inclusion of lycopene in Serol also has a high synergistic impact with the other ingredients, especially guar gum.

FIDES
A sister co. of Heel®

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The Aspirin Alternative*

Wobenzym® N

Recommended in Germany for more than 40 years by General practitioners, Internists, Pediatricians, ENT Specialists, Gynecologists, Rheumatologists and Neurologists.

Proven effective in many clinical studies.

** The Aspirin Alternative - Best Seller by Dr Michael Loes, M.D., M.D. (H) and David Steinman, M.A.*

INDICATION

Sport injuries, venous diseases, acute and chronic inflammation (such as sinusitis, bronchitis, prostatitis), rheumatic disorders, adjuvant therapy to antibiotics and post-surgery recovery (reduces inflammation and swelling associated with surgery).

One of the most researched enzyme formula in the world!

HOW DOES Wobenzym N WORK?

1) Helps the body control inflammation

Circulating immune complexes (CICs) are at the root of most types of inflammation. CICs are made up of proteins such as damaged antibodies, antigens and diseased tissue. When CICs accumulate in certain areas, they act as irritants, causing inflammation. The proteolytic enzymes in Wobenzym N help to break up and destroy these unwanted proteins, clearing the way for the body's natural repair process.

2) Supports healthy blood flow

Enzymes help to break down the CICs and other (necrotic) matter that accumulate in the blood and blood vessels. The body also uses enzymes to regulate the amount of fibrin in the blood by breaking it down when the blood becomes too thick.

3) Mobilizes the immune system

Enzymes clean the Fc receptor used by the white blood cells to carry away invading pathogens. Enzymes also activate the body's second line of defense, the macrophages that remove damaged cells. When these are not removed, they interfere with the body's normal processes.

4) Speeds up recovery

After an injury, the body uses large amounts of enzymes to fully repair itself. Even young, healthy people may experience a shortage of enzymes after injuring a muscle or ligament. This shortage delays the repair process needlessly.

SUGGESTED USE

Enzymes should be taken on an empty stomach (30-60 min before meals with a large glass of liquid).

For daily health maintenance, take 3 tablets 2 times a day;

For flare-ups of chronic inflammation, take 6 tablets 3 times a day;

For acute phase, take up to 10 tablets 3 times a day.

NOTE

Enzymes are not painkillers. They are slower-acting than drugs such as Ibuprofen. Your patients should use Wobenzym N for several weeks before deciding whether enzymes are of benefit.

If your patient is already using NSAIDs, gradually adjust their NSAID use over several weeks accordingly.

Due to the enzyme action, a harmless change in the consistency, colour and odour of the stools may be observed. Rare allergic reactions subside after discontinuation of the medication.

Safe and effective for adults and children**

** Over 3 years old or old enough to swallow a tablet without chewing it.

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