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Infections and inflammation of the nasal mucosa are increasingly frequent in modern society due to mounting environmental toxins, hectic and stressful lifestyles and the rise in chronic diseases. Treatment often involves the use of multiple medications, which may lead to a general weakening of the immune system. As a result, infections may begin to appear more frequently because of damage caused to the mucous membranes of the respiratory tract, and in turn, threaten the individual's immunity. Sadly, this reality often sets off a vicious cycle: **increased susceptibility to developing frequent infections** such as **colds, influenza** and associated **nasal symptoms, chronic rhinitis, rhinosinusitis, nasal discharge** (or **post nasal drip**) and subsequent **congestion**.

Traditional over-the-counter medicines have their limitations and more importantly, often come with a slew of possible side effects. **Euphorbium comp.**, on the other hand, represents a unique alternative that effectively addresses a multitude of nasal symptoms: resulting from the cold or flu, nasal congestion, nasal discharge, dry and inflamed nasal membranes, as well as rhinitis, and sinusitis, in both their acute and chronic forms. A scientific study showed that **Euphorbium comp.** **supports immunity<sup>1</sup> as well as helps inhibit viral growth** by up to 35%<sup>2</sup>, reduces swelling, diminishes dryness, eliminates sinus congestion and restores proper breathing. Conveniently available as both a nasal spray and in oral drop form, **Euphorbium comp.** **is an effective, reliable and scientifically proven alternative to conventional nasal sprays.**

# Euphorbium comp.®

## Breathe again!

Sold on the international market for over 48 years, Euphorbium comp.® is an effective and scientifically proven anti-inflammatory and antiviral nasal spray. It is suited for the treatment of nasal congestion, rhinitis of various origins, acute and chronic sinusitis, chronic nasal discharge, dry and inflamed nasal membranes, and the various cold and flu nasal symptoms.

### Benefits of Euphorbium comp.®

- An effective alternative to conventional nasal sprays
- Scientifically proven antiviral properties
- Clinically demonstrated efficacy
- May be combined with other natural or conventional medication
- Extremely well tolerated\*
- May be used in acute as well as in chronic conditions
- Effective solution to help alleviate symptoms during the weaning off of corticosteroid nasal sprays (decongestants)
- Appropriate for long-term use
- Non habit-forming nor addictive
- Suitable and effective for the entire family (children 2 years and up)

\* Euphorbium comp.® is contra-indicated in individuals with hypersensitivity to benzalkonium chloride and may cause allergic reactions in isolated cases. In very rare cases bronchospasms may occur in predisposed asthmatic patients.

### Dosage recommendation

<b>Acute conditions</b> (from onset of symptoms)	<b>Nasal spray:</b> Spray once or twice into affected nostril(s) 3 times a day  <b>Drops:</b> 10 drops every 30-60 minutes, up to 12 times on the first day. Thereafter, 10 drops 3 times daily
<b>Chronic conditions</b> (long-term therapy)	<b>Nasal spray:</b> Spray once or twice into affected nostril(s) 3 times a day  <b>Drops:</b> 10 drops 3 times daily

### Which form of Euphorbium comp.® to choose?

**The nasal spray** is suitable for rhinitis, sinusitis, chronic nasal discharge, dry and inflamed nasal membranes and nasal congestion. **The oral drops** are suitable for cold and flu nasal symptoms and as a systemic adjunct, to bolster therapy in more chronic conditions.

#### Additional information

**Euphorbium comp.® nasal spray:** Medicinal ingredients: Luffa operculata D2; Pulsatilla D2; Euphorbium D4; Mercurius bijodatus D8; Argentum nitricum D10; Hepar sulfuris calcareum D10. Non medicinal ingredients: monobasic sodium phosphate, dibasic sodium phosphate, sodium chloride, purified water.

**Euphorbium comp.® SN oral drops:** Medicinal ingredients: Pulsatilla D2; Euphorbium D3; Luffa operculata D6; Mercurius bijodatus D8; Argentum nitricum D10; Hepar sulfuris calcareum D10. Non-medicinal ingredients: ethanol, purified water.

While individual response to **Euphorbium comp.**® will vary according to each person's health status, the severity of the condition being treated, the age, the dosage used, etc., initial benefits should be felt within days and even hours. If you experience facial swelling, fever, strong headaches, or if symptoms persist or worsen, consult a health care practitioner.

## Euphorbium comp.®

### Scientifically proven

#### Antiviral activity

*In vitro* research demonstrates the antiviral activity of Euphorbium comp.® against viruses responsible for infections of the respiratory tract: influenza A, respiratory syncytial virus (RSV), human rhinovirus (HRV), and herpes simplex virus type 1 (HSV-1).<sup>3</sup>

#### Efficacy and tolerability

The results of a drug monitoring study on the use of Euphorbium comp.® in the treatment of chronic sinusitis revealed that for 76% of patients, the time-point of initial improvement of symptoms was recorded during the first two weeks of treatment. With longer treatment periods, therapeutic improvement of symptoms was reported in 97% of patients. Further still, physicians and patients assessed the efficacy of treatment as "good" or "very good" in more than 87% of cases, and the tolerability as "good" or "excellent" in 98% of cases.<sup>4</sup>

#### Scientifically proven alternative to conventional nasal sprays

In a double-blind, placebo-controlled clinical study<sup>5</sup>, researchers discovered that Euphorbium comp.® nasal spray outperformed a saline solution by 20%. During this study, carried out over a four-week period, three criteria were measured: subjective symptoms, anterior rhinoscopy and ultrasound examinations.

#### References

- 1) Schmolz M, Metelmann H. Modulation of Cytokine Synthesis in Human Leukocytes by Individual Components of a Combination Homeopathic Nasal Spray. *Biomed Ther.* 1999;XVII(2): 61-63,75.
- 2) Horst Metelmann, Dr. Bernadette Glatthaar-Saalmüller: Antiviral Action of a Homeopathic Medication. *Biomed Ther.* 2000;XVIII(1):160-164.
- 3) Glatthaar-Saalmüller B, Fallier-Becker P. Antiviral action of Euphorbium compositum and its components. *Forsch Komplementarmed Klass Naturheilkd.* 2001;8(4):207-12.
- 4) Gottwald R, Weiser M. Antihomotoxic Treatment of Chronic Sinusitis Results of a Drug Monitoring Study with Euphorbium compositum S Drops. Translated from *Medicina Biológica* Vol. 13, No. 3, 2000, pp. 84-87.
- 5) Weiser M. Clasen BPE: Controlled Double-Blind Study of a Homeopathic Sinusitis Medication. *Biol Ther.* 1995;XIII(1): 4-11



## Euphorbium comp.®

- Effective antiviral and anti-inflammatory nasal spray
- The nasal spray and oral drops can be combined for an optimal result
- No rebound effect; no sedative properties
- No known medicinal interactions
- For the entire family

The information contained in this document does not replace the advice of a qualified health care practitioner. It is not intended to diagnose or treat any illness, nor is it intended to replace competent medical advice. Heel will not accept any medical or legal responsibility for the misinterpretation or misuse of the informational and educational content of the present document.



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## Effective treatment for:

- Sinus congestion
- Runny nose
- Chronic nasal discharge
- Dry nasal membranes
- Rhinitis and sinusitis
- Cold and flu nasal symptoms

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